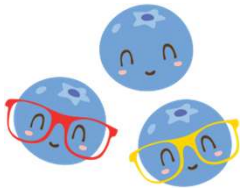
Commercial Township PRE-K BREAKFAST MENU

November 2026



Per-K Breakfast is served in the classroom. Breakfast meals will be complete with an entrée consisting of Whole Grains and/or Meat/Meal Alternative, Fruit, and a 1% White Milk.

A Full Meal will be served to each student who wants a breakfast.

(V) Vegetarian | (VG) Vegan | (GF) Gluten-Free

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cinnamon Chex Cereal Bowl Cupped Fruit 1% White Milk	3 Mini Pancakes Cupped Fruit 1% White Milk	4 Whole Grain Apple Cinnamon Muffin Cupped Fruit 1% White Milk	5 **NJEA Teacher Convention** **NO SCHOOL**	6 **NJEA Teacher Convention** **NO SCHOOL**
9 Mini Maple Pancakes Cupped Fruit 1% White Milk	10 Mini French Toast Cupped Fruit 1% White Milk	11 Cheerios Cereal Bowl Cupped Fruit 1% White Milk	12 Mini Waffles Cupped Fruit 1% White Milk	13 Whole Grain Apple Cinnamon Muffin Cupped Fruit 1% White Milk
16 Cinnamon Chex Cereal Bowl Cupped Fruit 1% White Milk	17 Mini Pancakes Cupped Fruit 1% White Milk	18 Cheerios Cereal Bowl Cupped Fruit 1% White Milk	19 Mini Waffles Cupped Fruit 1% White Milk	20 Whole Grain Blueberry Muffin Cupped Fruit 1% White Milk
23 Cinnamon Chex Cereal Bowl Cupped Fruit 1% White Milk	24 Mini Pancakes Cupped Fruit 1% White Milk	25 Cheerios Cereal Bowl Cupped Fruit 1% White Milk	26 	27 **SCHOOL CLOSED**
30 Cinnamon Chex Cereal Bowl Cupped Fruit 1% White Milk				

Breakfast Prices

Student	***NO CHARGE***
Adult	$2.50

YOUR DINING SERVICES TEAM

Hope Timmons, Food Service Director
(865) 785-2333 ext. 2146 | com@nsfm.com

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz

Commercial Township
Pre K LUNCH MENU

November 2026

Pre K Lunch is pre-ordered and served in the classroom as a complete meal.
A complete meal includes
Meat/Meat Alternative, Whole Grain, Vegetable,
Fruit and
1% White Milk

DAILY ALTERNATE
PB & J Uncrustable Meal with Goldfish and Cheese Stick
Turkey & Cheese Sandwich –Mon-Wed -Fri
Ham & Cheese Sandwich—Tues-Thurs

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Tenders with a Dinner Roll Steamed Green Beans Fresh or Cupped Fruit 1% White Milk	3 Chicken Fajitas with Salsa Golden Corn Fresh or Cupped Fruit 1% White Milk	4 Cheese Burger on a Bun Oven-Baked Fries Fresh or Cupped Fruit 1% White Milk	5 **NJEA Teacher Convention** **NO SCHOOL**	6 **NJEA Teacher Convention** **NO SCHOOL**
9 Chicken Nuggets with Dinner Roll Steamed Peas Fresh or Cupped Fruit 1% White Milk	10 Mini Corn Dogs Baby Carrots Fresh or Cupped Fruit 1% White Milk	11 Pasta with Meatsauce Green Beans Fresh or Cupped Fruit 1% White Milk	12 French Toast Sticks with a Sausage Patty Hash Brown Fresh or Cupped Fruit 1% White Milk	13 Cheese Pizza by the Slice Tossed Salad Fresh or Cupped Fruit 1% White Milk
16 Chicken Patty on a Bun Oven Fries Fresh or Cupped Fruit 1% White Milk	17 Walking Taco with Toppings Seasoned Corn Fresh or Cupped Fruit 1% White Milk	18 Pancakes with Sausage Hash Brown Patty Fresh or Cupped Fruit 1% White Milk	19 Toasted Cheese Sandwich (V) Baby Carrots Fresh or Cupped Fruit 1% White Milk	*Early Dismissal* 20 Pizza Crunchers Fresh Garden Salad Fresh or Cupped Fruit 1% White Milk
Early Dismissal 23 Hot Dog on a Bun Baked Beans Fresh or Cupped Fruit 1% White Milk	*Early Dismissal* 24 Chicken Nuggets with a Roll Steamed Corn Fresh or Cupped Fruit 1% White Milk	*Early Dismissal* 25 Cheese Pizza Cucumber Slices Fresh or Cupped Fruit 1% White Milk	26 	27 **SCHOOL CLOSED**
30 Chicken Tenders with a Biscuit Steamed Carrot Coins Fresh or Cupped Fruit 1% White Milk				

Lunch Prices

Student	No Charge
Adult	$4.00

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